

FHPS NEWSLETTER

Term 4, Week 1
Friday 9 October, 2026

TERM 4 DATES

19 October	Whole School Peter Combe Concert
16 October	Y3 Bike Ed
19 October	Whole School Peter Combe Concert
23 October	Y3 Bike Ed Whole School Assembly - 2.45pm
27 October	Senior Division Basketball
28 October	2027 Prep Transition - session 1
30 October	Y4 Bike Ed Halloween Free Dress Day
3 November	Melbourne Cup Holiday
4 November	2027 Prep Transition - session 2
5 November	Senior Girls AFL & Boys Netball
6 November	Y4 Bike Ed
9 November	Y6 Graduation Photo
11 November	2027 Prep Transition - session 3 Y3 & Y4 RACV Road Safety talk
13 November	Prep Scooter Ed

18 November	2027 Prep Transition - session 4
20 November	School Fair
23 November	Student Free Day
27 November	Prep Scooter Ed
4 December	FHPS Whole School Skip-A-Thon Rotary Assembly
7 December	Volunteer morning tea
8 December	2027 Whole School Transition
9 December	Y6 Graduation
10 December	End of Year Celebrations
11 December	Final whole school assembly
14 & 15 December	Y6 Beach Program
15 December	Whole School Christmas Carols Concert
16 & 17 December	Y5 Beach Program
18 December	Last Day Term 4 - 1.30pm Finish

DIVISION ATHLETICS

What a fantastic day our FHPS athletes had at the Division Athletics Carnival at Mornington Athletics Track this week!

A huge congratulations to all of the students who competed. Qualifying for Division Athletics is a wonderful achievement in itself, and every student should be incredibly proud of the dedication, determination and effort that got them to this level of competition.

While athletics is certainly about competition and striving for your best result, it is also about much more. Throughout the day, our students demonstrated resilience, perseverance, sportsmanship and a wonderful team spirit. They encouraged one another, celebrated each other's successes and continued to give their best, even when events were challenging. Most importantly, they represented FHPS with pride and respect.

It was a privilege to accompany the team, and I was incredibly proud of the way our students conducted themselves throughout the day.

A special thank you to Sam MacDonald, who joined us for the day and provided fantastic support and encouragement to the team. We really appreciated having you there on what was a very busy day.

Thank you also to all the parents and families who came along to support our athletes. Your enthusiasm, encouragement and cheering from the sidelines were fantastic and helped make the day a memorable experience for our students.

REGIONAL ATHLETICS

We are thrilled to congratulate the following students who have qualified to compete at the Regional Athletics Carnival on Wednesday October 21:

- Tara – 12/13 Year Girls 800m and 1500m
- Oscar, Jordan, Hugo and Ben – 9/10 Year Boys 4 x 100m Relay
- Andre – 11 Year Boys 100m

A huge congratulations to Tara, Oscar, Jordan, Hugo, Ben and Andre! We wish you all the very best as you take the next step in your athletics journey.

Well done to all of our Division athletes. You demonstrated determination, courage and pride on the day. FHPS is exceptionally proud of all our Division Athletics competitors.





FHPS STUDENTS PARTICIPATE IN WORLD-RENOWNED ICAS ASSESSMENT

Students from FHPS who participated in the 2026 ICAS English, Mathematics and Science Assessments are to be congratulated on their achievements. A total of twenty eight students from Year 2 - Year 6 participated in one or more of the assessments, with a number of students achieving very pleasing results and earning certificates of Merit, Credit and Distinction.

Developed for students in primary and secondary schools, ICAS challenges higher-order thinking and problem-solving skills in English, Mathematics and Science. Results are compared with all students in the same year level across Australia.

We are exceptionally proud of all the students who participated in one or more of the ICAS assessments.

In the English ICAS, one student was awarded a Distinction, three students a Credit, four students a Merit and thirteen students a Participation.

In the Mathematics ICAS, three students were awarded a Distinction, seven students a Credit, five students a Merit and seven students a Participation.

In the Science ICAS, one student was awarded a Distinction, seven students a Credit, one student a Merit and eight students a Participation.

All FHPS participants will be presented with their ICAS certificates at our **Whole School Assembly on Friday 23 October at 2:40pm.**

Congratulations once again to all of our ICAS participants, you should be very proud of your achievements!

Michelle Smith



**Janison
Assessments.**

TERM 3 VICTORIAN HIGH-ABILITY PROGRAM

We are delighted to celebrate the achievements of our students who participated in the Victorian High-Ability Program (VHAP) during Term 3.

VHAP is a 10-week online extension program designed to challenge and stimulate high-achieving students in Years 5 and 6 across Victorian government primary schools. The program provides students with opportunities to engage in an enriched curriculum in either English or Mathematics, while connecting with like-minded students from across Victoria.

Students are centrally selected by the Victorian Department of Education based on a combination of academic data, including NAPLAN and other standardised assessments, together with school-based data and teacher judgement.

Each week, students participated in a 60-minute live virtual class, delivered by Virtual School Victoria through Webex. These sessions provided students with opportunities to explore concepts beyond the regular classroom curriculum, develop deep and abstract thinking, tackle complex problems and collaborate with other high-ability students.

The Mathematics program explored areas such as logic, cryptography, non-standard problem solving and the philosophy of mathematics. The English program challenged students through advanced literature, creative writing, linguistics and deep textual analysis.

We are incredibly proud of the seven students who successfully completed the Term 3 VHAP program. Their commitment, enthusiasm and willingness to challenge themselves throughout the program are to be commended.

Congratulations to all seven students on this achievement! The students will be formally recognised and presented with their VHAP certificates at our **Whole School Assembly on Friday 23 October at 2:40pm.**

Michelle Smith



FAMILIES LEAVING AT THE END OF 2026

If your child from Prep - Y5 will be leaving FHPS at the end of the year, please contact the school office as an administrative transfer is required between schools. This information greatly assists us in our planning for grades in 2027, which has already commenced. We are aware all Y6 students will be leaving at the end of 2026, there is no need to contact us further.

2027 Y6 POLO ORDERS

As we are fast approaching the end of the school year, we have begun the process to arrange Grade 6 polo shirts for our 2027 graduating class. The Grade 6 short sleeve sublimated polo shirts have been a much-loved tradition at FHPS and have proved to be a great keepsake for the future!

Orders for 2027 Grade 6 polo shirt are made directly through Peninsula Uniforms:
<https://peninsulauniforms.com.au/shop/frankston-height-ps/grade-6-polo-frankston-heights-primary-school/>

The polo shirts cost \$55 each.

The shirts are due to be delivered in the first few weeks of Term 1, 2027.

All students' names will be printed on the back of the polo using their official name as recorded on their enrolment form. Please note that nicknames cannot be used.

To ensure your child's comfort and accommodate potential growth throughout the school year, we recommend selecting a size that allows for some room to grow.

Additionally, having multiple shirts can make it easier for your child to maintain a fresh and neat appearance throughout the school week. The sizing is the same as our current sport polos available at Peninsula Uniforms.

These polo shirts are a "One Time Special Order". Once the final order has been placed on Friday 4th December, they cannot be altered, exchanged, or reordered.

We look forward to seeing your child proudly sporting their Grade 6 polo shirt in 2027!

SUNSCREEN REMINDER

As the UV levels increase over the warmer months, please remember to apply sunscreen to your child before school each day. Please note that the school does not supply sunscreen, so we ask families to ensure their child is protected before arriving at school.

Thank you for helping us keep our students sun safe!



Library Update

Bookclub

Orders for Book Club Issue 7 close at **4pm on Friday 23rd October.**

If you ordered from Issue 6, don't forget to use your \$5 voucher! As an added bonus, ordering through Loop could make you eligible for free books, and you'll also receive another \$5 voucher to spend on Issue 8.

📖 Books make great Christmas stocking fillers! If you'd like to purchase a book or two as gifts without your children knowing, simply select the "Gift" option when placing your order. These orders will be held at school when they arrive and families will be contact to arrange collection discreetly.

✏️ Colouring Competition – Page 37

There are 10 Care Bears prize packs to be won! Check out page 37 of the Issue 7 brochure for details on how to enter.

👤 Santa's Lost Christmas Treasures

Can you find all the hidden treasures throughout the Book Club brochure? Simply record the page numbers on the entry form, write your name and grade, and place your completed entry in the tub at the office.

This competition is organised by Ms Parker, and all winning entries will receive a prize!

📅 Competition closes: Friday 13th November

🏆 Winners will receive their prizes by: Friday 27th November

Thank you for supporting Book Club and encouraging a love of reading!
Happy Reading, Everyone! 📖

Thank you, Ms Parker - Library Manager

THE COUNTDOWN TO OUR 2026 SCHOOL FAIR IS ON 6 WEEKS TO GO!

FHPS COMMUNITY, WE NEED YOUR HELP!

Our School Fair is fast approaching, and there is plenty to do behind the scenes to make this major community event a success.

A huge thank you to the parents and carers who have already volunteered their time and support. Many hands make light work, and we would love to see even more members of our community get involved.

To help each stall run smoothly, it would be fantastic if every stall had at least two parent/carer representatives who can help coordinate and communicate organisational details with families.

If you are able to lend a hand, please contact your child's class teacher or email frankston.heights.ps@education.vic.gov.au, and mark Attention: Michelle Smith.

Whether you can help with a stall, preparation, set-up, pack-up or on the day, every contribution makes a difference.

Let's work together to make our 2026 School Fair a fantastic day for our students and the whole FHPS community!

Michelle Smith



2026 SCHOOL FAIR STALLS

Class	Stall	Class Representatives
0A	Face Painting	reps needed
0B	Second Hand Books and Preloved Toys	reps needed
0C	Plants	Prep C parents needed. Vera Eate
1A	Soft Drink Toss	reps needed
1B	Toy Raffle and Lucky \$100 note	Chris Patto plus one more
1C	Lollies	reps needed
2A	Show Bags and Stick Lotto	Kelly Beard and Astrid Croft
2B	Funny Faces	reps needed
2C	Mini Golf	reps needed
3A	Messy Shed	Shanelle Derrick and Renee Hampton
3B	Luck Duck Dip and Guess The Teacher	Kayla Banting plus one other rep
3C	Bracelet and Jewellery Making	reps needed
4A	Canteen - Food and Drink	reps needed
4B	Wine and Beer Garden	Harry McCabe. 4B parents support BBQ
4C	Cakes and Sweet Treats	reps needed
5A	Chocolate Toss	reps needed
5B	Spiders and Icecream	reps needed
5C	Hair and Tattoos	reps needed
6A	Lucky Bags	Hayley Williams
6B	Lego Competition	Sam MacDonald plus one other rep
6C	Wine and Beer Garden	Brendan Scroggie. 6C parents support BBQ



FRANKSTON HEIGHTS PRIMARY SCHOOL FAIR

SAVE THE DATE



Rides | Stalls | Food & Drinks
Entertainment + Loads More!

FRIDAY 20 NOVEMBER

1.00PM - 6.00PM

ALL WELCOME



UNLIMITED RIDES

EARLY BIRD WRISTBANDS

★ ★ ON SALE NOW! ★ ★



RIDE WRISTBAND INCLUDES:

- ★ Cha Cha (1.3m tall ride alone, 1.1m ride with an adult)
- ★ Giant Slide (3+. Chn under 90cm ride with an adult)
- ★ Chair-O-Plane (3-12yrs)
- ★ Trackless Train (all ages)
- ★ Jumping Castle (2-12yrs)

EARLY BIRD WRISTBANDS

\$40 EACH

Purchase on Try Booking
or in person at our school office.

Pre-ordered wristband sales close
Thursday November 12 at 9am.

ON THE DAY

\$45 EACH

\$10
SINGLE
RIDE

Purchase on the day at the ticket booth.



Purchase RIDE WRISTBANDS on Try
Booking or in person at our school office.
Pre-ordered wristband sales close on
Thursday November 12 at 9am.

BOOK YOUR UNLIMITED
RIDE WRISTBANDS HERE:

<https://www.trybooking.com/DPHPL>

OR SCAN THE QR CODE
BELOW



FRIDAY 20 NOVEMBER

★ 1.00PM - 6.00PM ★

≧ ALL WELCOME ≦

Wristbands are non-refundable & non-transferable.
Once collected wristbands are the responsibility of the owner.

FHPS VOLUNTEER CHILD SAFETY INDUCTION REQUIREMENTS

FHPS greatly values the support of our volunteers. Your contribution enriches our school community and helps provide valuable learning opportunities and experiences for our students.

We have recently updated our Volunteer Induction processes to ensure all volunteers are appropriately inducted and familiar with our Child Safety and Occupational Health and Safety (OHS) requirements.

Before undertaking any volunteer role where children are, or are reasonably expected to be, present, all volunteers will need to complete the following requirements:

- **Working With Children Check (WWCC):** Please present your current WWCC to the Main Office, where an administration staff member will take a copy for our records. Volunteer WWCC details will then be uploaded to our new SAM4Schools system for validation.
- **Child Safety and OHS Induction:** Once your WWCC has been validated, you will receive an email with information and documents relating to the school's Child Safety and OHS requirements. Volunteers will be required to read the documents provided and acknowledge that they understand and accept the relevant requirements before commencing their volunteer role.
- **Onsite induction:** Prior to your first volunteer session, a member of our Administration team will complete an onsite induction with you. This will provide an opportunity to discuss our procedures, expectations and any questions you may have.

All volunteer induction documents and acknowledgements must be reviewed and signed every 12 months to ensure that our records remain current, and volunteers are familiar with the school's requirements.

These processes are an important part of ensuring FHPS provides a safe, welcoming and supportive environment for all students, staff and volunteers.





FRANKSTON HEIGHTS PS

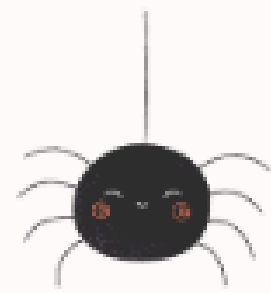
HALLOWEEN FREE DRESS DAY

FRIDAY 30 OCTOBER

DONATION REQUIRED:

Please bring one (or more if you're feeling generous) of the below options per student as a donation to our school fair:

- BLOCK OF CHOCOLATE
- BAG OF LOLLIES
- BOTTLE OF SOFT DRINK



Students are welcome to dress up for our Halloween celebrations! Please ensure costumes are fun rather than too scary and are appropriate for a primary school environment.

A few important reminders:

- No weapons or toy weapons, please.
- Costumes must be age-appropriate and not overly frightening.
- Clothing must be suitable for school and allow students to move comfortably.

Please ensure students wear safe, comfortable footwear suitable for playing and participating in school activities.

Thank you for helping us keep Halloween fun, safe and enjoyable for everyone!





FRANKSTON HEIGHTS PRIMARY SCHOOL



ON-LINE LUNCH ORDERS

You can order your child's lunch online



Stir Crazy Kids

Down load the App at the App Store or Google play
We will have everything ready to go to make Lunch orders easy. All you need to do is register, add your kids, don't forget their grades and a fake email, choose their lunch. Add it to your cart and checkout for all students together, and we will take care of the rest. You can order in advance or on the day Ordering closes at 5pm
Too easy!!

Categories are the same as this menu.

Need some help? support@stircrazykids.com.au

Call or Text Donna 0405110407

CANTEEN LUNCH ORDERS

For orders direct to Canteen Please write the following details

for your child's lunch order on a **Paper Bag**

Child's Name & Grade, Food order, Cash amount enclosed

Food Allergies in **Red Pen**

Please provide one bag per order

*If a bag is not supplied 30c for a bag will need to be included.

• To help us to comply with Food Safety Regulations all Paper

Bags must be new



TERM 4 2026

CANTEEN MENU



Nutritional Guide

All The Food in this Canteen Menu has been ranked by Nutrition experts using smiley faces. This allows you to make informed choices about your child's daily nutritional requirements.

😊😊-Green 😊-Amber

This Menu is in line with the DET School Canteen and other School food Policy -

We offer Gluten Friendly choices

We use responsible packaging where possible

TUMMY TEASERS

Available for recess and lunch orders every Canteen day

😊😊	Orange 1/4	.80c
😊😊	Slinky Apple	\$2.00
😊😊	Slice of Fruit in Season	\$2.00
😊	Mini Muffin	\$2.00
😊	Anzac Biscuit	\$2.00
😊	Gluten Free Anzac Biscuit	\$2.20
😊😊	Garlic Bread	.60c
😊	Jumpys (Chicken/Salt&Vin)	\$1.60
😊	Veggie Chips (Gluten Free)	\$2.70
😊	Grain Waves	\$2.70
😊😊	Large pop corn	\$2.70
😊😊	Small popcorn	\$1.50
😊	Ginger Bread People	\$3.50
😊😊	Yoplait Yoghurt Tubz— 100ml	\$2.50
	Tropical, Mixed berries, Blueberry, Available fresh or Frozen	
😊😊	Dairy free yoghurt—100ml	\$2.50
	Blueberry Meringo & Passionfruit Available Frozen	
😊😊	Quelch—Frozen Fruit Icy Pole	\$1.50

DRINKS

😊😊	Juice Box – Apple /Orange	\$3.00
😊😊	Apple & Blackcurrant	
😊	Big M Milk	\$4.00
😊😊	Choc / Straw	\$3.80
😊😊	Plain Milk	\$4.00
😊😊	Lactose Free Choc Milk	\$4.00
😊	Hot Chocolate	\$2.60
	Bottle water	



Prices include the new State Gov Container Tax

GST Inclusive

WWW.STIRCRAZYKIDS.COM.AU

PH 0405 110407

SPECIAL MEAL DAYS**MUNCHY MONDAY**

- 😊😊 Egg & Bacon Roll \$7.00
 Add Cheese slice \$1.50
 Lactose free Cheese \$2.00
 Tom Sauce .40

TEMPTING THURSDAY

- 😊😊 Chicken Schnitzel Burgers \$8.00
 With Lettuce and Mayonnaise
 Add cheese \$1.50
 Lactose free cheese \$2.00
 Tom sauce .40c

FANCY FRIDAY

- 😊 Hot Dog or Vegan sausage \$6.50
 In a white long roll
 Add Cheese \$1.50
 Vegan or Lactose free cheese \$2.00
 Tom sauce, mustard BBQ .40ea

SPECIAL MEAL DEAL

Include an flavoured Milk for \$3.80
 Add a Slinky Apple, Anzac or a Mini
 Muffin for \$1.80c each

**RIGHT-ON-WRAPs**
Mon & Thurs

Tortilla Style Wrap with your choice of:

- 😊😊 Cheese & Salad \$7.00
 😊😊 Ham & Salad \$8.00
 😊😊 Chicken & Salad \$8.00
 😊😊 Tuna & Salad \$8.00
 Add cheese for \$1.50. Lactose free cheese \$2.00
 Vegan Cheese \$2.00 & avocado for \$1.50

SUPER SALAD BOWL
Mon & Thurs

- 😊😊 Super Salad Bowl \$6.50
 Lettuce, Tomato, Carrot, Cucumber & Cheese
 Add Chicken, Ham, Tuna, Egg
 or Avocado \$2.00 each
 Lactose free cheese or Vegan \$1.00 extra

**HOT ITEMS ANY DAY**

- 😊😊 Crispy Chicken Tender \$2.50
 Tom sauce for 40c ea
 😊😊 3 x Chicken nuggets \$4.50
 Tom Sauce 40c ea
 😊😊 Penne Pasta with Cheese \$6.50
 (Available Gluten Free) \$7.50
 😊😊 Mini Corn Cob \$2.00
 😊😊 Chicken Zoomer with cheese \$7.50
 Tuna, Chicken or Ham Melt
 Toasted with Corn & cheese \$6.50
 😊😊 Pita Pizzas Margarita \$5.00
 Garlic & Cheese \$5.00
 Cheese & Vegemite \$5.00
 Ham & Cheese \$6.00
 BBQ Chicken \$6.00
 Hawaiian \$6.50
 Substitute with lactose free or Vegan Cheese for \$1.00

SUPER SANDWICHES
& ROCK 'N' ROLLS Mon & Thurs

Your Choice White Hi Fibre/Wholemeal
 Rolls are available for an extra \$1.00
 Gluten Free Bread \$1.00 Lactose Free Cheese \$1.50

- 😊 Vegemite \$3.50
 😊 Honey \$3.50
 😊😊 Cheese \$4.00
 😊😊 Cheese & Vegemite \$5.00
 😊😊 Cheese & Lettuce \$5.50
 😊😊 Cheese & Tomato \$5.50
 😊😊 Fresh Chicken \$5.00
 😊😊 Fresh Chicken & Salad \$8.00
 😊😊 Ham \$5.00
 😊😊 Ham & Salad \$8.00
 😊😊 Ham & Cheese \$6.00

Extra fillings, Tomato, Cheese, Carrot, Lettuce
 All extra fillings are \$1.50 each Avocado \$2.00
 Substitute with lactose free or Vegan Cheese for \$1.00

Truly Tasty Toasties

- 😊 Vegemite \$3.50
 😊😊 Cheese \$4.00
 😊😊 Ham \$5.00
 😊😊 Ham & Cheese \$6.00
 😊😊 Chicken & Cheese \$6.00
 😊😊 Cheese & Vegemite \$5.00
 😊😊 Cheese & Tomato \$5.50
 😊😊 Ham, Cheese & tomato \$7.50

Substitute with lactose free or Vegan Cheese for \$1.00

Order online Details PTO

Outside School Hours Care Newsletter



**Camp
Australia**
Guiding Children's Growth

06/10/2026

Frankston Heights Primary School

**Your
OSHC.**

ROCKETEERS

A message from your Coordinator

Welcome back to term 4, hope you all had a lovely break.

A BIG thank you to all that took part in our first Rocketeers we saw a good numbers of children.

This term we will be doing lots of different activities from, robot rubbish, Grandparents Day, Halloween, lots of fun inside and out, plus lots more.

This term please remember Hats and Suncream need to be worn

School Fair

Friday 20th November

(please cancel if not needed)

Any questions please come and see us

Activities coming up

- Spider Slime
- Grand Parent Day
- Christmas Fun

Make a booking

Join in the fun of Outside School Hours Care activities and experiences with Your OSHC and Rocketeers.

[Book now](#)



Register free and book in 24/7 via our app

To attend our program, you must register your child. You can register an account with us at pp.campaustralia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



Download on the
App Store



GET IT ON
Google Play



Find out more and book now at www.campaustralia.com.au

COME JOIN PINES WOMEN'S CRICKET! ♥

NO EXPERIENCE NEEDED
JUST BRING YOURSELF!



PLAY. LAUGH. GROW.
TOGETHER. ♥



MEET NEW PEOPLE

Make new friends
on and off the field.



HAVE FUN

Enjoy the game
and give cricket
a go!



NO SKILL NEEDED

No experience?
No worries!
Everyone is welcome.



ALL AGES WELCOME

Be part of an
amazing club family.



TURN UP WEDNESDAY
AT 5PM



ERIC BELL RESERVE CRICKET NETS ♥

Meet your teammates,
have a go and have some fun!

COME AND BE PART OF THE
PINES FAMILY! ♥

WHAT HAVE
YOU GOT TO LOSE? 😊

BRUCE PARK TENNIS CLUB

TRASH AND TREASURE Market



Sunday
October 11, 2026



Margate Ave,
Frankston



Entry
Gold coin donation



10 am – 1 pm

Sell your preloved goods
or showcase your products
at this family friendly
day out.



Want a stall?

\$30 for members and
\$40 for non members –
email bruceparktc@gmail.com
for more information.

Closing date
for a spot is

Oct 4

Bake sale,
BBQ,
fun games
and prizes!

