

FHPS NEWSLETTER

Term 3, Week 3
Friday 31 July, 2026

TERM 3 DATES

4 - 7 August	Year 4 & 4 PARC Swimming
7 August	2027 Prep Storytime 9.15am Trivia Night
10 August	ICAS English Y2-6
14 August	Maths Games Day (select Y5 & Y6 students)
17 August	ICAS Science Y2-6
21 August	2027 Prep Storytime 9.15am
24 August	Bookweek ICAS Match Y2-6
28 August	Bookweek Dress up day Senior Basketball
2 Sept	Father's & Special Person's day stall
3 September	Y4 Hoop Time
4 September	Footy Day Prep Father's day Breakfast End of Term whole school assembly

9 September

Y6 Market Day

11 September

2027 Prep Footy Clinic 9.15
Senior Rugby

14 - 16 September

Y3 & Y4 The Ranch Camp

16 - 18 September

Y5 Weekaway Camp

16 September

Prep Author Book Exhibition

18 September

Last Day Term 3 - 2.30pm Finish

TERM 4 DATES

20 November

School Fair

23 November

Student Free Day

7 December

Volunteer morning tea

8 December

2027 Whole School Transition Day

9 December

Y6 Graduation

10 December

End of Year Celebrations

15 December

Christmas Carols Concert

18 December

Last Day Term 4 - 1.30pm Finish

COMMUNICATION AT FRANKSTON HEIGHTS PRIMARY SCHOOL

Frankston Heights Primary School values positive, respectful and effective communication between home and school. Strong partnerships with families play an important role in supporting every student's learning, wellbeing and success.

WHO TO CONTACT

School Office

Please contact the school office on (03) 9783 4988 or frankston.heights.ps@education.vic.gov.au for:

- reporting student absences or urgent messages regarding your child
- enrolment enquiries
- parent payments, camps and excursions
- appointments with the Principal or Assistant Principal
- general school enquiries.

Classroom Teachers

For questions about your child's learning, wellbeing or progress, or to arrange a meeting, please contact your child's teacher via Sentral. Office staff will also direct enquiries to the appropriate staff member where required.

Response Times

We aim to respond to general enquiries within 2–3 working days, with urgent matters addressed as soon as possible. Please note that staff may not be able to respond immediately due to teaching commitments, meetings and other school responsibilities.

KEEPING FAMILIES INFORMED

Sentral is our primary communication platform and is used for school announcements, attendance notifications, permission forms, reports, parent-teacher interview bookings and communication between families and teachers.

Families can also stay informed through:

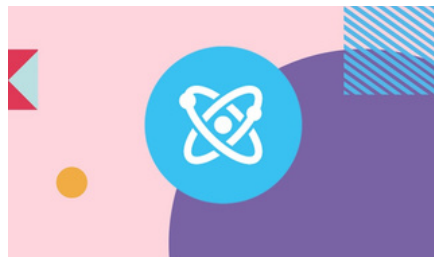
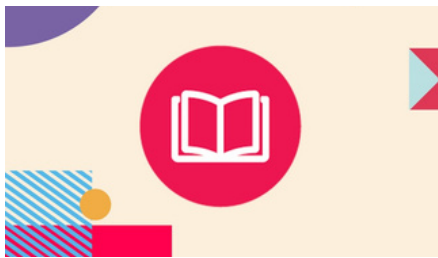
- the fortnightly school newsletter
- termly year level newsletters
- parent-teacher interviews and Three-Way Conferences
- Learning Expos
- the school website
- the Frankston Heights Primary School Facebook page. Don't forget to check out 'The HYPE'
- the school's Annual Report.

Requests for Information

Parents and carers can access information that is routinely provided by the school, including newsletters, reports and information relating to their own child. Requests for information outside these usual processes may need to be made through the Department of Education's Freedom of Information (FOI) process.

For further information, please refer to the school's [Communication Policy](#) available on the school website.

We value open communication and appreciate your support in maintaining positive home-school partnerships.



2026 ICAS ASSESSMENTS

Registration for the 2026 ICAS (International Competitions and Assessments for Schools) has now closed.

The ICAS assessments will be held on the following dates for registered students in Years 2–6:

- **English:** Monday 10 August
- **Science:** Monday 17 August
- **Mathematics:** Monday 24 August

We wish the twenty-nine Frankston Heights Primary School students participating in this year's ICAS assessments every success and congratulate them on taking on this exciting challenge. If a student is absent on the day of an assessment, every effort will be made to arrange a catch-up session; however, this cannot be guaranteed.

BEFORE AND AFTER SCHOOL STUDENT SUPERVISION

The safety and wellbeing of our students is our highest priority. To support a safe school environment, we would like to remind families of our student supervision arrangements before and after school.

Before School

School grounds are supervised from **8:45am** each morning. Students may enter their classrooms from **8:50am**, with learning commencing at **9:00am**.

After School

School grounds are supervised from **3:30pm** until **3:45pm**.

Outside of these supervised times, students should not be on school grounds unless they are attending Camp Australia's Before or After School Care program, or participating in a pre-arranged, school-supervised activity.

We kindly ask parents and carers to ensure their child arrives at school no earlier than **8:45am** and is collected by **3:45pm**, unless they remain under the direct supervision of their parent or carer. This helps us ensure the safety and wellbeing of all students.

Families requiring care outside school hours are encouraged to contact Camp Australia on **1300 105 343** or info@campaustralia.com.au for information about the before and after school care program available at Frankston Heights Primary School.

For further information, please refer to the school's [Yard Duty and Supervision Policy](#), available on the school website.

FHPS POLICY REVIEW INFORMATION

At Frankston Heights Primary School, we are committed to ensuring our policies reflect current Department of Education requirements and support a safe, inclusive and positive learning environment for all members of our school community.

A number of school policies have recently been reviewed and updated. The revised policies are now available on the school website for families to access at their convenience.

We encourage all families to take the opportunity to familiarise themselves with these important policies, particularly those listed below:

- [Digital Technologies Acceptable Use Agreement: Prep-Year 2](#)
- [Digital Technologies Acceptable Use Agreement: Years 3-6](#)
- [Bullying Prevention](#)
- [Child Abuse \(including Grooming\) - Identification and Response](#)
- [Complaints](#)
- [Mobile Phones](#)
- [Statement of Values and School Philosophy](#)
- [Student Engagement and Wellbeing](#)
- [Volunteers](#)
- [Volunteer Child Safety Induction Pack](#) (including updated acknowledgement and declaration requirements to strengthen volunteer accountability).

If you have any questions or would like further clarification regarding any of these policies, please contact the school office. Your enquiry will be directed to the appropriate staff member, who will be happy to assist.

FHPS VOLUNTEER CHILD SAFETY INDUCTION REQUIREMENTS

FHPS greatly values the support of our volunteers. Your contribution enriches our school community and helps provide valuable learning opportunities for our students.

To help us maintain a safe and welcoming environment for all students, all volunteers are required to complete the school's Child Safety and Occupational Health and Safety (OHS) induction requirements before undertaking any volunteer role where children are, or are reasonably expected to be, present.

Before volunteering, please:

- read the [FHPS Volunteer Child Safety Induction Pack](#), available on the school website
- present your current Working with Children Check at the school office (if not already on file)
- visit the school office to sign the required Volunteer Declaration and Child Safety Code of Conduct, confirming you have read, understood and agree to comply with the school's policies and procedures
- read the [FHPS Volunteer OHS Handbook](#) before completing the onsite OHS induction.

These requirements help ensure that everyone volunteering at Frankston Heights Primary School understands their responsibilities in keeping our students safe.

Thank you for working with us to create a safe, supportive and positive learning environment for all students.



★ 2026 ★

BOOK WEEK SYMPHONY of STORIES

Stories
bring us
together

Every page
plays a
part!

DRESS AS YOUR
FAVOURITE
BOOK CHARACTER!



★ FRIDAY 28TH AUGUST ★



2027 PREP OPEN EVENTS

~~Wed 17 June~~

OPEN AFTERNOON

4:00 PM – 5:00 PM

Join us for our Prep Open Afternoon! Come and explore our Prep learning spaces, meet our friendly staff, and see what makes our school community so special. We look forward to welcoming you and your family.

~~Mon 22 June~~

~~Wed 22 July~~

Fri 7 Aug

Fri 21 Aug

STORYTIME WITH OUR PREP LEADER

9:15AM – 10.00AM

Join us for one or all of our Kinder Storytime sessions with our Prep Leader, Mrs Beckett in the library! Enjoy stories, fun activities, and a chance to become familiar with our school in a warm and welcoming environment. We can't wait to see you there!

Fri 11 Sept

FOOTY CLINIC WITH OUR PRINCIPAL

9.15AM – 10.00AM

Join us for our Kinder Footy Clinic with the Principal on the oval! Come along for some fun games and activities, and don't forget to wear your favourite footy colours. We look forward to seeing you there!



BOOK NOW

When making a booking, please select 1 space for your family to attend. Please book a ticket for each event you wish to attend.

Toddlers are welcome to attend.



 **Contact Us**
9783 4988



FRANKSTON HEIGHTS PRIMARY SCHOOL FAIR

SAVE THE DATE



Rides | Stalls | Food & Drinks
Entertainment + Loads More!

FRIDAY 20 NOVEMBER

1.00PM - 6.00PM

ALL WELCOME



FRANKSTON HEIGHTS PRIMARY SCHOOL



TERM 3 2026

CANTEEN MENU



ON-LINE LUNCH ORDERS

You can order your child's lunch online

Stir Crazy Kids



Download the App at the App Store or Google play

We will have everything ready to go to make Lunch orders easy. All you need to do is register, add your kids, don't forget their grades and a fake email, choose their lunch. Add it to your cart and checkout for all students together, and we will take care of the rest. You can order in advance or on the day Ordering closes at 8am Too easy!!

Categories are the same as this menu.
Need some help! support@stircrazykids.com.au
Call or Text Donna 0405110407

CANTEEN LUNCH ORDERS

For orders direct to Canteen Please write the following details for your child's lunch order on a **Paper Bag**:
Child's Name & Grade, Food order, Cash amount enclosed
Food Allergies in **Red Pen**
Please provide one bag per order
*If a bag is not supplied 30c for a bag will need to be included.
*To help us to comply with Food Safety Regulations all Paper Bags must be new



Nutritional Guide

All The Food in this Canteen Menu has been ranked by Nutrition experts using smiley faces. This allows you to make informed choices about your child's daily nutritional requirements.

😊😊-Green 😊-Amber

This Menu is in line with the DET School Canteen and other School food Policy

We offer Gluten Friendly choices

We use responsible packaging where possible

WWW.STIRCRAZYKIDS.COM.AU

PH 0405110407

Frankston Heights

SPECIAL MEAL DAYS

MUNCHY MONDAY

- 😊😊 Chicken Schnitzel Burgers \$7.50
Crumbed Chicken with lettuce & mayo
Add Cheese \$1.00
Tom sauce .30
- 😊😊 Veggie Delight burger \$7.50
With lettuce vegan mayo Add Vegan Cheese \$1.50

TEMPTING THURSDAY

- 😊 Sausage Roll \$4.50
- Traveler Beef Pie \$6.50
- Gluten Free Pies \$7.50
- Vegan sausage roll \$5.50
Tomato sauce 30ea

FANCY FRIDAY

- 😊 Hot Dog or Vegan sausage
In a white long roll \$6.00
Add Cheese \$1.20
Vegan or Lactose free cheese \$1.50
Tom sauce, mustard BBQ .30ea

SPECIAL MEAL DEAL

Include an flavoured Milk for \$3.80
Add a Slinky Apple, Anzac or a Mini Muffin for \$1.80c each



RIGHT-ON-WRAPS Mon & Thurs

Tortilla Style Wrap with your choice of:

- 😊😊 Cheese & Salad \$7.00
- 😊😊 Ham & Salad \$8.00
- 😊😊 Chicken & Salad \$8.00
- 😊😊 Tuna & Salad \$8.00

Add cheese for \$1.50. Lactose free cheese \$2.00
Vegan Cheese \$2.00 & avocado for \$1.50

SUPER SALAD BOWL Mon & Thurs



😊😊 Super Salad Bowl \$6.50
Lettuce, Tomato, Carrot, Cucumber & Cheese

Add Chicken, Ham, Tuna, Egg or Avocado \$2.00 each
Lactose free cheese or Vegan \$1.00 extra

HOT ITEMS ANY DAY

- 😊😊 Crispy Chicken Tender \$2.50
Tom sauce for 30c ea
- 😊😊 Penne Pasta with Cheese \$6.50
(Available Gluten Free) \$7.50
- 😊😊 Mini Corn Cob \$2.00
- 😊😊 Chicken Zoomer with cheese \$7.50
- 😊😊 Tuna, Chicken or Ham Melt
Toasted with Corn & cheese \$6.00
- 😊😊 Pita Pizzas Margarita \$5.00
Garlic & Cheese \$5.00
Cheese & Vegemite \$5.00
Ham & Cheese \$6.00
BBQ Chicken \$6.00
Hawaiian \$6.50

Substitute with lactose free or Vegan Cheese for \$1.00

TUMMY TEASERS

Available for recess and lunch orders every Canteen day

- 😊😊 Orange 1/4 .80c
- 😊😊 Slinky Apple \$2.00
- 😊😊 Slice of Fruit in Season \$2.00
- 😊😊 Mini Muffin \$2.00
- 😊😊 Anzac Biscuit \$2.00
- 😊😊 Gluten Free Anzac Biscuit \$2.20
- 😊😊 Garlic Bread .60c
- 😊😊 Jumpys (Chicken/Salt&Vin) \$1.60
- 😊😊 Veggie Chips (Gluten Free) \$2.70
- 😊😊 Grain Waves \$2.70
- 😊😊 Large pop corn \$2.70
- 😊😊 Small popcorn \$1.50
- 😊😊 Ginger Bread People \$3.50
- 😊😊 Yoplait Yoghurt Tubs— 100ml \$2.50
- 😊😊 Tropical, Mixed berries, Blueberry, Available fresh or Frozen Dairy free yoghurt— 100ml \$2.50
- 😊😊 Blueberry Mango & Passionfruit Available Frozen \$2.60
- 😊😊 Quelch—Frozen Fruit Icy Pole \$1.50

DRINKS



- 😊😊 Juice Box – Apple /Orange \$3.00
- 😊😊 Apple & Blackcurrant \$3.00
- 😊😊 Big M Milk \$4.00
- 😊😊 Choc / Straw \$4.00
- 😊😊 Plain Milk \$3.80
- 😊😊 Lactose Free Choc Milk \$4.00
- 😊😊 Hot Chocolate \$4.00
- 😊😊 Bottle water \$2.60

Prices include the new State Gov Container Tax
GST Inclusive

SUPER SANDWICHES

& ROCK 'N' ROLLS Mon & Thurs

Your Choice White Hi Fibre/Wholemeal Rolls are available for an extra \$1.00

Gluten Free Bread \$1.00 Lactose Free Cheese \$1.50

- 😊😊 Vegemite \$3.50
- 😊😊 Honey \$3.50
- 😊😊 Cheese \$4.00
- 😊😊 Cheese & Vegemite \$5.00
- 😊😊 Cheese & Lettuce \$5.50
- 😊😊 Cheese & Tomato \$5.50
- 😊😊 Fresh Chicken \$5.00
- 😊😊 Fresh Chicken & Salad \$8.00
- 😊😊 Ham \$5.00
- 😊😊 Ham & Salad \$8.00
- 😊😊 Ham & Cheese \$6.00

Extra fillings, Tomato, Cheese, Carrot, Lettuce
All extra fillings are \$1.50 each Avocado \$2.00
Substitute with lactose free or Vegan Cheese for \$1.00

Truly Tasty Toasties

- 😊😊 Vegemite \$3.50
- 😊😊 Cheese \$4.00
- 😊😊 Ham \$5.00
- 😊😊 Ham & Cheese \$6.00
- 😊😊 Chicken & Cheese \$6.00
- 😊😊 Cheese & Vegemite \$5.00
- 😊😊 Cheese & Tomato \$5.50
- 😊😊 Ham, Cheese & tomato \$7.50

Substitute with lactose free or Vegan Cheese for \$1.00

Order online Details PTO



35+ YEARS OF
COMMUNITY
KINDNESS



CHRISTMAS STARTS IN JULY.

Hope starts with you.

While Christmas may still seem a long way off,
for Community Support Frankston, Christmas begins now.

Every July, we start preparing for one of the most important projects of our year—our **Annual Frankston Community Appeal**. By December, hundreds of local families, older residents, people living alone and those experiencing hardship will be relying on the generosity of our community to help make Christmas a little brighter.



*We
need
your
help!*



OUR GOAL IS TO REACH
2000+
RESIDENTS
with Christmas hampers this year.

Each hamper provides
**festive food, gifts
for children and
supermarket vouchers**
to help ease the
pressure and bring
hope to local families.



FESTIVE FOOD
and essential
groceries



SUPERMARKET
VOUCHERS



GIFTS FOR
CHILDREN
so every child has
something special
to open



*Click here
to donate*

5 WAYS YOU CAN HELP



MAKE A FINANCIAL DONATION

Every dollar helps us
plan ahead and reach
more families.



DONATE NEW TOYS & GIFTS

Bring joy to a child
on Christmas
morning.



DONATE NON-PERISHABLE FESTIVE FOOD & CHRISTMAS TREATS

Help fill our hampers
with festive favourites.



HOST A COLLECTION

Workplace, school or
community collections
make a big impact.



BECOME A SPONSOR OR COMMUNITY PARTNER

Partner with us to
make an even bigger
difference.

*Let's make this
the best Christmas yet!*

DONATE OR GET INVOLVED TODAY
www.frankston.net
9783 7284
csf@frankston.net

Community Support Frankston
Helping local people.
Strengthening our community.
Creating better futures.



JOHN PAUL
COLLEGE
with Him is the fullness of life

Grade 5 Families looking for Year 7 2028 Enrolment

Become part of John Paul College's vibrant learning community where each student is inspired to be.

Year 7 2028 Applications are due by Friday 14 August 2026

Submit an application online