Welcome Back to another exciting year of learning and fun for your children at Frankston Heights Primary School. A special welcome to our Prep families and new families into our school community. I hope that you all enjoyed the holiday break and are refeshed for the new school year ahead. I was so happy to see all of the children return to school and have been most impressed with the way they have settled back into school routines. We appreciate the assistance our families give in working with the teachers to achieve great things in our school. I am looking forward to an outstanding year at FHPS in 2015.

New Staff
We welcome Ms Sutcliffe in Yr 2, Mr Herley in Yr 3/4, Ms McIntosh in Yr 5/6, Ms Powney in Science and Mrs Craig as Acting Assistant Principal to our school. Our new staff have commented on the positive tone and happy feel in the school. We work hard to ensure our school is a friendly and vibrant place for all. Please note, Mrs Gagiero and Mrs Bosward are currently on leave.

Facilities
Over the holiday period, the school underwent its annual holiday painting program, with many areas being repainted to freshen up buildings, toilets and external windows and walls. The fundraising efforts of our Friends of Heights Committee in 2014, contributed towards new air conditioners being installed in Yr 1/2 and Yr 5/6 classrooms and homesteads. This is a great result as it continues to improve the facilities for the wellbeing of all. I wish to thank our community for their support with our fundraising as this provides additional resources to the children in the school.

Parent Teacher Meetings– 17th and 18th February.
These meetings are designed to facilitate the important exchange of information between parents and teachers to assist teachers in better understanding the learning needs of the children in their classes. Parents will need to book an interview time online for these meetings. A notice is being sent home with all of the details on how to complete the booking.

Car Park
I would like to remind everyone that the school car park is not for parent parking. The driveway entrance is used as a pedestrian access point at 3:30pm. For the safety of all children, I ask all parents to keep our children safe and park in the local street area only.

Kind Regards,

Cheryl Clark
Principal

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<th>IMPORTANT DATES</th>
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<td>12th February</td>
<td>House Swimming Carnival</td>
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<td>17th &amp; 18th February</td>
<td>Parent-Teacher Interviews</td>
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<td>Prep BBQ</td>
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<td>Prep &amp; New Student Photos</td>
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I would like to thank all the staff, students and parents of Frankston Heights Primary for such a warm welcome. I am very happy to be part of such a wonderful school community. I have been extremely impressed with how well the students have settled in to the new school year and the work they have been doing as part of their ‘Learning Program’. I look forward to meeting you all and being part of the 2015 year, which is set to be a fantastic one!

Jodi Craig
Acting Assistant Principal

Commonwealth School Banking—will again operate at our school this year. Banking day is Friday. If you would like your child to be involved in banking, forms can be collected from our bursar, Mrs. Ryan.

Canteen—Our Canteen is open Tuesdays, Thursdays and Fridays. Attached to this newsletter is a new pricelist. Please be aware cupcakes are now $2.00.

Uniform Shop—a reminder our uniform shop is open Tuesday, Thursdays and Fridays from 8.30am-4.30pm. Pricelists are available at our school office.

HAPPY BIRTHDAY!

JANUARY

Zannon M Logan K
Cathy M Ethan B
Wylie F Ben S
Elijah B Jackson N
Harley A Marissa B
Cooper B Isobel C
Hayley W Caleb D
Tyler B Hermione M
Kyran W Cain A
Ry B Braydan S
Teysha O Jai K
HUNGRY HEIGHTS HEALTHY BITES
CANTEEN PRICE LIST AS AT January, 2015

PLEASE NOTE – NO CANTEEN ON MONDAY & WEDNESDAY
ALL ITEMS COMPLY WITH DEPT OF EDUCATION GUIDELINES
ALL FOOD IS PREPARED AND COOKED ON THE PREMISES

CHOP ‘N’ CHANGE RANGE

CHOOSE YOUR BREAD:
Bread (wholemeal/white) $4.00 for up to 3 fillings
Roll (white) $5.00 for 4 or more fillings
Wrap (tortilla)
Extra .30c for a toasted

CHOOSE YOUR MEAT:
COLD MEAT (filling)
Ham
Chicken (tandoori/plain)
Tuna (Mayonnaise, spring onion/plain)

CHOOSE YOUR SALAD:
SALAD (filling)
tomato | cheese | lettuce | cucumber | grated carrot
red onion | pineapple | capsicum | poached egg

CHOOSE YOUR DRESSING:
• sweet chilli
• b.b.q
• mayonnaise
• spinach dip
• thousand island dressing
• sundried tomato dip
• avocado dip
• hummus dip

RICE PAPER ROLLS

CHOOSE ANY OF THE CHOP ‘N’ CHANGE FILLINGS
WITH SWEET CHILLI OR SWEET SOY DIPPING SAUCE $3.00

PLAIN SANDWICHES

Cheese $2.00
Vegetable $2.00

JAFFLES

Spaghetti $3.00
Baked beans $3.00
Ham & Cheese $3.00
Ham, Cheese and Pineapple $3.00

“HOMEMADE” WINTER WARMERS

SOUP: pumpkin | potato ‘n’ leek | tomato $2.50
With a bread roll $3.00
Hot Chocolate $2.00
Available terms 2 & 3 only

“HOMEMADE” PASTA & PIZZA

Bolognese pasta $3.70
Carbonara pasta $3.70
Ham & Pineapple Pizza $3.00

SALAD BAR

SUPER CAESAR—Chicken, lettuce, tomato, bacon, parmesan and croutons $4.00
Add poached egg .50c
PASTA—Pasta salad with a creamy dressing and your choice of Chicken or Tuna
MAKE YOUR OWN—choose any of the CHOP ‘N’ CHANGE range and create a healthy salad.

DRINKS

Juicebox (apple/tropical) $1.70
Milkshakes (chocolate, strawberry) $2.00
Fruit Slushie (available in terms 1 & 4 ONLY) $2.00
Frozen Smoothie (available in terms 1 & 4 ONLY) $1.50

OVER THE COUNTER SNACKS

We have a variety of snacks including popcorn, crackers and dip, fruit kebabs, homemade cupcakes, crunchie crackles, muffins, cookies and more available for over the counter sales.
Prices range between $1.00-$3.00

FRIDAY SPECIALS

Every second Friday is ‘Special Lunch Friday’.
Order forms for these lunches are sent home with our newsletter.
**How To Order a Lunch Order**

Ordering lunch for the canteen is easy! All you need to do is write your child’s name, class and what they would like to order on either an envelope, paper bag or plastic zip lock bag and enclose the money inside. Alternatively we have reusable lunch wallets available for purchase from our school office. Lunch orders need to be placed in the box at the front office. We do give small amounts of change but please do not enclose large notes for small orders. If you DO NOT wish your child to spend their change at the canteen, please write this on their lunch order.

**Over The Counter Sales**

We have a variety of snacks available for over the counter sales. These items range between $1.00-$3.00 and include items such as freshly baked muffins, cookies, cupcakes, fruit kebabs, dip & crackers, yoghurt and more! We are always introducing new items and highly encourage children to purchase items over the counter. This will help teach children independence and responsibility to look after their money.

**Parents**

Our canteen is not only for the students! We are open mornings and afternoons on canteen days for parents to make purchases including coffee! We will often have ‘parent specials’ for coffee and cake so be sure to come and have a look.

**Help Needed!**

We are often in need of parent helpers, especially every second Friday when we have special lunch days. If you are able to lend a hand please see Linda in the canteen.

**Requests**

If your child has any special dietary requirements please speak to Linda in the canteen as we can often substitute ingredients or offer an alternative option. If there is something not on our menu that your child would like to see offered please also speak to Linda as we are always on the lookout for new, healthy, tummy-pleasing options!